

THE MOTHERHOOD CENTER *of New York*

Job Title: Psychiatrist or Nurse Practitioner (Part-Time and/or Full- Time)
Reports To: PHP Director and/or Medical/Clinical Director

The Motherhood Center (TMC) is a perinatal mood and anxiety disorders center committed to providing support for new and expectant mothers and families in the metropolitan New York City area. TMC offers the only non-hospital affiliated partial hospitalization program (PHP) in the Tri-State Area. In addition, the center offers outpatient psychotherapy (OP), support groups and education for both patients and providers. The center was co-founded by Catherine Birndorf, M.D, a Cornell-trained reproductive psychiatrist with more than 20 years of expertise in perinatal mental health.

Job Summary

The Psychiatrist or Nurse Practitioner will provide virtual and in-person outpatient and/or Partial Hospitalization Program (PHP) sessions consisting of initial evaluations, consultations, psychotherapy, and medication management for women with psychiatric disorders that are trying to conceive, struggling with fertility issues, experiencing grief and loss, pregnant or postpartum.

The Psychiatrist or Nurse Practitioner demonstrates excellence in psychiatry with some experience in perinatal mood and anxiety disorders (PMADs). They will serve as a professional role model, consultant, and resource in the development of psychiatric practice, collaboration and consultation among members of the clinical, nursery, and administrative teams. They will exercise strong clinical leadership skills and demonstrate effective clinical teaching skills used to promote both care and practice standards and will be adept at working with adult individuals and their families.

Responsibilities

- Demonstrate expert clinical judgment, crisis assessment and intervention, and decision-making skills reflecting ability to manage patients with perinatal mood and anxiety disorders.
- Provide outpatient and partial hospital clinical care consisting of initial evaluations, individual therapy, medication management, psychoeducation, follow up and family sessions to women with psychiatric disorders for postpartum women.
- Work with outpatient and PHP treatment teams to ensure the highest quality standard of care for outpatient and PHP patients.
- Assist in efforts to ensure clinical standards are in place to meet regulatory requirements.
- Collaborate closely with multidisciplinary teams to achieve program goals.
- Effectively monitor and evaluate patient outcomes.
- Treat records, correspondence and related items with utmost security and document according to regulatory standards.
- Perform other job-related duties as required by the Medical and Clinical Directors.
- Leads/Co-lead PHP process and skills-based groups.

Qualifications

- BE/BC certified to practice adult psychiatry in New York State; or board certified PMHNP;
- 4 years of clinical experience required;
- Experience in postpartum psychiatric disorders, maternal-child health and issues of women's health care preferred but not mandatory;
- Proficiency in using Electronic Medical Records, required;
- Strong leadership skills;
- Desire to work within a multidisciplinary team;
- Familiarity with IPT, DBT, CBT, Dyadic Therapy and other best practices for the PMAD population;
- Microsoft Office proficiency;
- Highly organized and detail oriented;
- Excellent oral and written communication as well as presentation skills;
- Ability to be flexible, collaborative, and able to multi-task.

If you are interested in applying for this position, please send a resume and cover letter to:
info@themothoodcenter.com