

Job Title: Part-Time Senior Outpatient (OP) Psychiatrist

NOTE: This role can be virtual or hybrid – to be determined based on Covid and TMC's needs

The Motherhood Center (TMC) is a perinatal mood and anxiety disorders center committed to providing support for new and expectant mothers and families in the metropolitan New York City area. TMC offers the only non-hospital affiliated partial hospitalization program (PHP) in the Tri-State Area. In addition, the center offers outpatient psychotherapy (OP), support groups and education for both patients and providers. The center was co-founded by Catherine Birndorf, M.D, a Cornell-trained reproductive psychiatrist with more than 20 years of expertise in perinatal mental health.

Job Summary

- Demonstrate excellence in psychiatry with expertise in perinatal mood and anxiety disorders (PMADs).
- Serve as a professional role model, consultant, and resource in the development of psychiatric practice, collaboration, and consultation among members of the clinical, nursery, and administrative teams.
- Exercise strong clinical leadership skills and demonstrate effective clinical teaching skills used to promote both care and practice standards and will be adept at working with adult individuals and their families.
- Provide outpatient care consisting of initial evaluations, consultations, psychotherapy, and medication management for women with psychiatric disorders that are trying to conceive, struggling with fertility issues, experiencing grief and loss, in pregnancy or postpartum.
- Supervise and staff junior clinicians and trainees on clinical cases, as needed.

Responsibilities

- Demonstrate expert clinical judgment, crisis assessment and intervention, and decision-making skills reflecting ability to manage patients with perinatal mood and anxiety disorders.
- Provide outpatient clinical care consisting of initial evaluations, bridging sessions, individual therapy, medication management, psychoeducation, follow up and family sessions to women/birthing parents with psychiatric disorders in the peripartum.
- Assist in efforts to ensure clinical standards are in place to meet regulatory requirements.
- Collaborate closely with multidisciplinary team to achieve treatment goals.
- Effectively monitor and evaluate patient outcomes.
- Manage records, correspondence and related items with utmost security and document according to regulatory standards.
- Perform other job-related duties as required by the Medical and Clinical Directors.
- Demonstrate strong clinical judgment and decision-making skills reflecting ability to treat patients with perinatal mood and anxiety disorders.
- Participate in OP Staff meeting, supervision, and didactics as well as collaborate with a

multidisciplinary team to assess patient care, treatment planning and therapy dynamics.

- Conduct intake assessments for new patients, manage disposition planning for patients being discharged, and hold/bridge patients until final assignment is made.
- Assess and accurately document each patient's safety/risk concerns and keep team members up to date on treatment plans and any significant changes to a patient's mental status.
- Identify the need for development of and revision to current standards of care reflective of changes in contemporary clinical practice.
- Complete all documentation and paperwork in a timely fashion and in accordance with TMC standards and policies.
- Uphold the highest level of professionalism including attitude, timeliness, HIPAA compliance and confidentiality, treatment frame, boundaries, and adherence to TMC policies.
- Embody cultural standards of TMC including respect, kindness, collaboration, accountability, and collegiality.

Expectations

- Committed to working with and treating women experiencing PMADs.
- Works well with inter-disciplinary team of professionals with whom to consult and collaborate about patient care and complex cases.
- Strong work ethic and positive attitude regarding all aspects of patient care and interaction with TMC teammates.
- Able to give and receive constructive feedback.
- Open, curious, responsive, and positive attitude with challenging professional encounters.
- Direct, responsive, proactive, and respectful of our patient population.

Qualifications

- BE/BC to practice adult psychiatry in New York State (New Jersey/Connecticut a plus);
- Four years of clinical experience required;
- Experience in perinatal psychiatric disorders, maternal-child health and issues of women's health care preferred but not mandatory;
- Proficiency in using Electronic Medical Records, required;
- Strong leadership skills;
- Desire to work within a multidisciplinary team;
- Familiarity with IPT, DBT, CBT, Dyadic Therapy and other best practices for the PMAD population;
- Microsoft Office proficiency;
- Highly organized and detail oriented;
- Excellent oral and written communication as well as presentation skills;
- Ability to be flexible, collaborative and able to multi-task.
- Have and maintain your own malpractice insurance.

If you are interested in applying for this position, please send a resume and cover letter to: info@themothoodcenter.com