

## Women's Mental Health PGY 4 Elective

## **Site Director/Host:**

- *Elizabeth Albertini, MD*: Director of Medical Training: ealbertini@themotherhoodcenter.com
- Nicole Van Nortwick, PhD: Director of Outpatient Services & Clinical Training: nvannortwick@themotherhoodcenter.com
- Catherine Birndorf, MD: Medical Director, CEO: <a href="mailto:cbirndorf@themotherhoodcenter.com">cbirndorf@themotherhoodcenter.com</a>

## **Description of Rotation:**

During the Women's Health elective, residents will be exposed to a unique treatment setting that provides services for new and expecting mothers and their partners, including a range of treatment options for women experiencing perinatal mood and anxiety disorders. The resident will ultimately be expected to assess and manage these patients using various biological and psychosocial treatment modalities under general supervision from the Center's staff. This rotation will include evaluating new and acute perinatal patients, seeing follow-up cases for medication management and some psychotherapy, participating in specialized evaluations such as pre-conception consultations, and co-leading groups in the perinatal partial hospital program. There will be an orientation for the resident at the outset of their rotation, weekly supervision, and participation in didactics.

## If you are interested in applying for this position, please send a resume to: training@themotherhoodcenter.com

The Motherhood Center is an equal opportunity employer and is deeply committed to maintaining a diverse and inclusive community amongst its staff, trainees and clients. We seek to increase diversity across race, ethnicity and national origins, gender and gender identity, sexual orientation, disability, and socioeconomic background.